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| **P.E Long Term Overview Cycle A** | | | | | | |
| **Key Stage One** | | | | | | |
| **KS1** |  | **Unit 1** | **Unit 2** | **Unit 3** | **Unit 4** | **Unit 5**  **(All outside)** |
| **Cycle A**  **Indoor** | Forest Schools  ( flexible to when it is your slot)  Year 2 | Team Building  Year 2  Sam Burgess (Rugby) | Gymnastics  Year 1  Gymnastics Year 2 | | Fundamentals  Year 2 | Athletics  Year1  Atheletics  Year 2  Jessica Ennis Hill |
| **Cycle A**  **Outdoor** | Forest Schools  ( flexible to when it is your slot) | Send and receive  Year 1  Send and receive  Year 2 | | Invasion  Year1  Invasion Year  2  Rachel Daly (Football) | |
| **Cycle B**  **Indoor** | Forest Schools  ( flexible to when it is your slot) | Fitness  Year 2 | Dance  Year 2  Dance  Year 2  Johannes Radebe  Dancer | | Yoga  Year 1 | Net and Wall Year1  Net and Wall Year 2  Emma Raducanu |
| **Cycle B**  **Outdoor** | Forest Schools  ( flexible to when it is your slot) | Striking and Fielding  Year 1  Striking and Fielding  Year 2  Azeem Rafiq  Cricketer | | Ball Skills Y1  Balls skills Y2 | |
| Lower Key Stage 2 | | | | | | |
| **LKS2**  **Cycle A**  **Indoor** | Forest Schools  ( flexible to when it is your slot) | Gymnastics  Year 3  Gymnastics  Year 4  Nile Wilson | | Rounders  Year 3/ 4 | Basket Ball  Year 3 / 4 | Athletics  Year 3  Atheletics  Year 4  The Brownlee Brothers |
| **Cycle A**  **outdoor** | Forest Schools  ( flexible to when it is your slot) | OAA  Year 4 | Ball Skills  Year3/4 | Hockey Year 3/4 | Cricket Year  Year 3 / 4  Freddie Flintoff |
| **LKS2**  **Cycle B**  **Indoor** | Forest Schools  ( flexible to when it is your slot) | Dance  Year 4  Dance  Year 4 | | Yoga  3/4 | Dodge Ball  Year 3 / 4 | Tennis  Year 3  Tennis  Year 4  Andy Murray |
| **Cycle B**  **outdoor** | Forest Schools  ( flexible to when it is your slot) | Fitness  Year 3 / 4 | Tag Rugby  Year 3 / 4  Kevin Sinfield | Football  Year 3 / 4  Beth Mead | Netball  Year 3/ 4 |
| **Upper Key Stage 2** | | | | | | |

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| **UKS2**  **Cycle A**  **Indoor** | Forest Schools  ( flexible to when it is your slot) | Gymnastics  Year 5  Gymnastics  Year 6  Simone Biles | | Badminton  Year 5/6 | Rounders  Year 5/6 | Athletics  Year 5  Atheletics  Year 6  Mo Farah |
| **Outdoor** | Forest Schools  ( flexible to when it is your slot) | OAA  Year 6 | Hockey  Year 5/6  Sam Quek | Cricket | Basket Ball  Year 5/6 |
| **Year 5**  **Alternate weeks** | **swimming** | | | | | |
| **UKS2**  **Cycle B**  **Indoor** | Forest Schools  ( flexible to when it is your slot) | Dance Year 6  Dance Year 6  Misty Copeland | | Yoga 5 / 6 | Dodge Ball 5/6 | Tennis  Year 5/Tennis  Year 6  Johannus Monday |
| **Outdoor** | Forest Schools  ( flexible to when it is your slot) | Tag Rugby  Year 5/6 | Volley Ball  Year 5/6 | Football  Year 5/6  Marcus Radford | Netball  Year 5/6 |