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| **P.E Long Term Overview Cycle A** |
| **Key Stage One** |
| **KS1** |  | **Unit 1** | **Unit 2** | **Unit 3** | **Unit 4** | **Unit 5****(All outside)** |
| **Cycle A****Indoor** | Forest Schools( flexible to when it is your slot) Year 2 | Team Building Year 2Sam Burgess (Rugby)  | Gymnastics Year 1Gymnastics Year 2  | FundamentalsYear 2 | Athletics Year1AtheleticsYear 2Jessica Ennis Hill |
| **Cycle A****Outdoor** | Forest Schools( flexible to when it is your slot) | Send and receiveYear 1Send and receiveYear 2 | Invasion Year1Invasion Year2Rachel Daly (Football) |
| **Cycle B****Indoor** | Forest Schools( flexible to when it is your slot) | FitnessYear 2 | Dance Year 2Dance Year 2Johannes RadebeDancer | YogaYear 1 | Net and Wall Year1Net and Wall Year 2Emma Raducanu |
| **Cycle B****Outdoor** | Forest Schools( flexible to when it is your slot) | Striking and FieldingYear 1Striking and Fielding Year 2Azeem RafiqCricketer  | Ball Skills Y1Balls skills Y2 |
| Lower Key Stage 2 |
| **LKS2****Cycle A****Indoor** | Forest Schools( flexible to when it is your slot) | GymnasticsYear 3Gymnastics Year 4Nile Wilson | RoundersYear 3/ 4  | Basket BallYear 3 / 4 | Athletics Year 3AtheleticsYear 4The Brownlee Brothers |
| **Cycle A****outdoor** | Forest Schools( flexible to when it is your slot) | OAAYear 4 | Ball SkillsYear3/4 | Hockey Year 3/4  | Cricket YearYear 3 / 4Freddie Flintoff |
| **LKS2****Cycle B****Indoor** | Forest Schools( flexible to when it is your slot) | Dance Year 4Dance Year 4 |  Yoga3/4 | Dodge BallYear 3 / 4 | Tennis Year 3Tennis Year 4Andy Murray  |
| **Cycle B****outdoor** | Forest Schools( flexible to when it is your slot) | FitnessYear 3 / 4 | Tag RugbyYear 3 / 4Kevin Sinfield | FootballYear 3 / 4Beth Mead | Netball Year 3/ 4 |
| **Upper Key Stage 2** |

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| **UKS2****Cycle A****Indoor** | Forest Schools( flexible to when it is your slot) | GymnasticsYear 5Gymnastics Year 6Simone Biles | Badminton Year 5/6 | Rounders Year 5/6 | Athletics Year 5AtheleticsYear 6Mo Farah  |
| **Outdoor** | Forest Schools( flexible to when it is your slot) | OAAYear 6 | Hockey Year 5/6Sam Quek |  Cricket  | Basket BallYear 5/6 |
| **Year 5****Alternate weeks**  | **swimming** |
| **UKS2****Cycle B****Indoor** | Forest Schools( flexible to when it is your slot) | Dance Year 6Dance Year 6Misty Copeland | Yoga 5 / 6 | Dodge Ball 5/6 | Tennis Year 5/Tennis Year 6Johannus Monday |
| **Outdoor** | Forest Schools( flexible to when it is your slot) | Tag RugbyYear 5/6  | Volley BallYear 5/6 | Football Year 5/6Marcus Radford | Netball Year 5/6 |