

|  |  |  |
| --- | --- | --- |
| **Book & selection rational overview for** |  | Autumn, Spring and Summer |
| KS1 | Cycle A & B | Run and Hike, Play and Bike: What Is Physical Activity? (Food Is  CATegorical ?) by Brian P. Cleary: new (2010) | Big Bill's BooksGiraffes Can't Dance (Audio Download): Guy Parker-Rees, Giles Andreae, Hugh  Laurie, Orchard Books: Amazon.co.uk: Audible Books & Originals |
| Reason for book selection | **Giraffes can’t dance-** Discussing the themes around dance and how it is something suitable for anyone to do.  **Get up and go and Run and Hike, Play and Bike**- both used to promote healthy lifestyles and encourage physical exercise. They discuss the effects exercise has on our bodies. |
| LKS2 | Cycle A |  |
| Reason for book selection | **Gymnastics**- Information text about different skills within gymnastics including the history of the sport and when/ where it originated. .  **Diary of a Cricket God-** A fiction text which follows a boy who is a maths whiz as he is forced into the cricket team. This encourages children to have a go at new sports. There are underlying themes of determination and the moral of ‘you can do anything you set your mind to’  **Sportopedia**- An information book about a variety of different sports from around the world. This is to encourage a spark in the children’s interest which can then inform after school clubs to be directed at the interest of the children. This clubs can then continue throughout school in order for better skill development and participation I tournaments. |
| UkK2 | Cycle A | Sports Biographies for Kids: Decoding Greatness With The Greatest Players  from the 1960s to Today (Biographies of Greatest Players of All Time for  Kids Ages 8-12): Amazon.co.uk: Jordan, James H., Press, KC: |
| Reason for book selection | **Sports biographies for kids-** Discusses a number of athletes lives and how they became the stars they are today. Looks at themes of hardship and how they over came this. Not only does it encourage children to never give up it also informs them of different sports.  **Dance**- By UKS2 the children will have encountered a number of different dance styles and will therefore be able to recognise some. However, it will also introduce the children to new forms of dance including the outfits, music and dance styles.  **Tom Daley**- This book follows Tom’s journey from swimming lessons as a child to competing in the Tokyo Olympics. As the children attend swimming in UKS2 it is important they learn about athletes in this sport. This book could also be used in DEAL sessions for the alternate swimming weeks due to the length of the book. Similarly, it offers children opportunity to engage in free, independent reading. |